



Neck Pillow Template

Designed by Lisa Gifford

Items Needed:

- ✓ Neck Pillow Template
- ✓ ½ yard of fabric
- ✓ Polyfill stuffing
- ✓ Hand Needle
- ✓ Thread

Instructions -

1. Place template on the fold of fabric.
2. Cut out two pieces.
3. Open up and place right sides together.
4. Sew ¼ inch all the way around. Leave 3" opening on the back for turning.
5. After sewn, be sure to clip curves, be careful not to clip your thread.
6. Turn inside out (right side out).
7. Stuff with polyfill.
8. Handstitch close.

OPTIONAL – you can easily add a hanging tab or tie onto the end to hang.